

Gracie South Bay Jiu Jitsu



| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|---|--|
| | | | | | Rugrats NOGI 09:00AM - 10:00AM Leticia/Maxine |
| Fundamental Gi 11:00AM - 12:00PM Fabricio | Self-Defense/NOGI 11:00AM - 12:00PM Fabricio | Fundamental Gi 11:00AM - 12:00PM Fabricio | Self-Defense/NOGI 11:00AM - 12:00PM Fabricio | Fundamental Gi 11:00AM - 12:00PM Fabricio | Cubs NOGI 10:00AM - 11:00PM Leticia |
| Advanced Gi 12:00PM - 1:00PM Fabricio | Advanced Gi 12:00PM - 1:00PM Fabricio | Advanced Gi 12:00PM - 1:00PM Fabricio | Advanced Gi 12:00PM - 1:00PM Fabricio | Advanced Gi 12:00PM - 1:00PM Fabricio | Juvenile/Teens NOGI 11:00AM - 12:00PM Leticia |
| | | | | | OPEN MAT 12:00PM - 1:30PM |
| Juvenile (Ages 8-12) 4:10PM - 5:00pm Maxine/Evan | Rugrats (Ages 3-5) 4:10PM - 5:00pm Leticia | Juvenile (Ages 8-12) 4:10PM - 5:00pm Paulinho / Gabi | Rugrats (Ages 3-5) 4:10PM - 5:00pm Leticia | Cubs Competition Gi Class 4:10PM-5:00PM Henry | |
| Teens (Ages 13-16) 5:00PM - 6:00PM Maxine/Evan | Cubs (Ages 5-8) 5:10PM - 6:00pm Leticia | Teens (Ages 13-16) 5:00PM - 6:00PM Paulinho / Gabi | Cubs (Ages 5-8) 5:10PM - 6:00pm Leticia | Juvenile/Teens Competition Gi Class 5:00PM-6:00PM Henry | |
| Fundamental Gi 6:00PM - 7:00PM Paulinho | Juvenile (Ages 8-12) 6:00PM - 7:00PM Leticia | Fundamental Gi 6:00PM - 7:00PM Leticia | Juvenile (Ages 8-12) 6:00PM - 7:00PM Leticia | Fundamental Gi 6:00PM - 7:00PM Henry | |
| Advanced Gi 7:00PM - 8:30PM Leticia | Drill Class 7:00PM - 8:00 PM Leticia | Advanced Gi 7:00PM - 8:30PM Leticia | Drill Class 7:00PM - 8:00 PM Tim | Sparring 7:00PM - 8:00PM | |
| | Sparring 8:00PM - 9:00PM | | Sparring 8:00PM - 9:00PM | | |

***All white belts must attend beginner classes only until permitted by the instructor to enter the advanced class**

Cubs, Juvenile & YG competition classes are per invitation by head instructor only