

GRACIE SOUTH BAY - MAT 2



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Levels Gi 7:00AM - 8:00AM HENRY	All Levels Gi 7:00AM - 8:00AM HENRY	All Levels Gi 7:00AM - 8:00AM HENRY	All Levels Gi 7:00AM - 8:00AM HENRY		
	Beginner Muay Thai 10:00 AM-11:00 AM DREW		Beginner Muay Thai 10:00 AM-11:00 AM DREW		
		Kids Wrestling Competition Team 4:00 PM-5:00 PM			
Beginner Muay Thai 5:00 PM-6:00 PM DREW		Beginner Muay Thai 5:00 PM-6:00 PM DREW		Beginner Muay Thai 5:00 PM-6:00 PM DREW	
	NOGI 6:00PM - 7:00PM HENRY		NOGI 6:00PM - 7:00PM HENRY		